



YOGA 108



New January Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM		
8:00 AM						BIKRAM	BIKRAM
9:00 AM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM		
10:00 AM						BIKRAM	BIKRAM
12:00 PM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM		
4:30 PM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM
5:30 PM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	← NEW	90 minute classes will be held at 5:30pm & 7:30pm Monday - Thursday in the Blue Room for the month of January	
6:30 PM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	BIKRAM		
7:30 PM	BIKRAM	BIKRAM	BIKRAM	BIKRAM	← NEW		